

Ideas from Hull Active Schools

Hi All,

To continue to try and advocate regular physical activity and support our member primary schools during the school shutdown, we will be sharing daily '[Hull Active Schools](#)' challenges for all young people across Hull. These will include a range of physical activity, active numeracy/literacy and healthy lifestyle challenges tailored to two different age groups - years 3/4 and years 5/6.

Virtual Competition

*We will run an online competition alongside these each day, with children and schools able to be crowned '**Isolation Icons**' if they can complete the highest score, biggest self improvement etc. etc. #IsolationIcons @hullactivesch. Your support to share these challenges through your school network and community would be much appreciated.*

I will email these resources each day at 9am to all member schools PE leads, starting next week. Daily challenges and resources will also be uploaded onto our website www.hullactiveschools.org by 10am for parents to view at home.

Our social platform @hullactivesch will continue to share and promote all the online resources we come across so please give it a follow, there's an enormous amount of content been made available at the moment with the sporting sector really pulling together to push home based physical activity. **We're determined to try and keep the young people of Hull physically active during these difficult times.**

Best wishes to all,

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Alex Sherwood
Primary Manager &
Hull School Games Organiser